

2024 JUNE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	01
02	03	04	05	06	07	08
09	10 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon	11	12 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon	13	14	15
16	17 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon	18	19 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon	20	21	22
23	24 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon	25	26 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon	27	28	29

July 2024– CVHS Swim/Dive Schedule 2024-2025

www.cvswimdive.com

updated 5/1/24