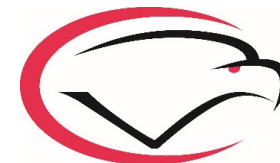


2024 AUGUST



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|---|----------|--------|----------|
| 28 | 29 | 30 | 31 | 01 | 02 | 03 |
| 04 | 05 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon | 06 | 07 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon | 08 | 09 | 10 |
| 11 | 12 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon | 13 | 14 Lifting with Strength Coach Jason at CV Weightroom 11am-12 noon | 15 | 16 | 17 |
| 18 | 19 | 20 First Day of School 2024-2025 year | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

August, 2024– CVHS Swim/Dive Schedule 2024-2025
www.cvswimdive.com updated 5/1/24