



***TEAM
GUIDEBOOK
2022-2023***

BOOSTER CLUB'S WELCOME MESSAGE

On behalf of the Cumberland Valley Swimming and Diving Booster Club (CVSDBC) we want to welcome you to another exciting swimming and diving season. The CVSDBC is the parent volunteer organization whose purpose is to support the Cumberland Valley Swimming and Diving Team, its athletes and coaches. We are a non-profit organization and offer a variety of ways families can lend a hand and encourage everyone to participate whether in concessions, fundraising, and event planning. Through the donations of both time and finances, we are able to provide the team such things as apparel, swimsuits, backpacks, meals and a terrific end-of-season banquet recognizing the athlete's efforts through the season and much more.

The Booster Club Executive Committee, class representatives and committee chairs have been preparing for the 2022-2023 season. However, the participation of all our families is vital to the success of our booster club and we could use your help! Please volunteer and sign up for openings, whether it be helping coordinate concessions, which generates a significant amount of revenue for the Booster Club, timing at home meets or helping to feed our athletes for home and away meets. There are many ways you can help support the team and our athletes.

If you have any questions, ideas or suggestions on how we can make this an even better season, please reach out to any Executive Committee member. We look forward to working with all of you! GO EAGLES!!!

Michele Chang, President
Cumberland Valley Swimming & Diving Booster Club
dmchang@comcast.net
717-645-0020 (cell)

BOOSTER CLUB BOARD MEMBERS & SPECIAL COMMITTEES

EXECUTIVE BOARD

President	Michele Chang
Vice President	Sara Socks
Treasurer	Jason Sandhaus
Secretary	Susan Pesavento

CLASS REPRESENTATIVES

The class representatives are your primary line of communication with the Board.

Senior	Mary Wright & Scott Brewer
Junior	Addy Pion & Lauren Stout
Sophomore	Myla Groh & Brian Lorei
Freshmen	Aimee Hancock & Kandi Buckman
Diving	Amy Boone

COMMITTEE CHAIRS

Concession Stand	Michael Cornfield & Sarah DiRito
Spirit Wear	Michele Chang
Feeding the Athletes	Sara Socks
Head Timer	Jason Sandhaus
Restaurant Nights	Mary Wright
Live Stream Sponsorships	Jessica Noble

COACHES

Head Coach	Mike Gobrecht
Assistant Coaches	Kathy Watts & Bryce Raines
Diving Coach	Kelly Finkey
Assistant Diving Coach	Peyton Perry

BOOSTER CLUB MEETING DATES

November 21, 2022	6:00 - 7:00 pm	High School Cafeteria
January 11, 2023	7:00 - 8:00 pm	Virtual
February 13, 2023	7:00 - 8:00 pm	Virtual
March 23, 2023	6:00 - 9:00 pm	Westshore Country Club ****

**** during End of Season Banquet



SWIM SEASON SCHEDULE

11/17/22	Team Meeting	
11/18/22	First Practice	
11/29/22	Hempfield	Home Scrimmage
12/2/22	Wilson/Dallastown	Home (Divers @ Wilson)
12/10/22	Eagle Day of Racing	Home
12/13/22	Carlisle	Away (Dickinson College)
12/20/22	Hershey	Away (Derry Township Rec. Center)
12/22/22	Northern/Mechanicsburg	Home
12/28/22	CV Holiday Invite (6 Teams)	Home
1/3/23	Mifflin County	Home
1/5/23	Tri-Meet	Home
1/7/23	New Years Challenge	Bucknell University
1/10/23	Central Dauphin	Home
1/17/23	Chambersburg	Home/Senior Night
1/19/23	Governor Mifflin	Away
1/21/23	Parkland/Williamsport	Home
1/24/23	State College	Away
1/26/23	Trinity/Cedar Cliff	Home (Age Group Night)
2/3/23	North Penn	Away
2/7/23	Bishop McDevitt	Home
2/8/23	Mid Penn Diving	CV High School
2/10/23	Mid Penn Swim Championships	CV High School
2/11/23	Mid Penn Swim Championships	CV High School
2/17/23	Mid Penn Plunge	Northern High School
2/18/23	Mid Penn Plunge	Northern High School
3/3/23	PIAA District 3 Championships	CV High School
3/4/23	PIAA District 3 Championships	CV High School
3/17/23	PIAA State Championships	Bucknell University
3/18/23	PIAA State Championships	Bucknell University



IMPORTANT DATES

(SUBJECT TO CHANGE)

EVENT	DATE
<i>Holiday Social</i>	<i>Sunday December 18, 2022</i>
<i>Senior Locker Decorating</i>	<i>Friday January 13, 2023 (after practice)</i>
<i>Senior Night</i>	<i>Tuesday January 17, 2023</i>
<i>Age Group Night</i>	<i>Thursday January 26, 2023 (vs Trinity/Cedar Cliff)</i>
<i>Mid-Penn Dinner</i>	<i>Monday February 6, 2023</i>
<i>Mid-Penn Diving Championship</i>	<i>Wednesday February 8, 2023</i>
<i>Mid Penn Swimming Championship</i>	<i>Friday February 10, 2023 & Saturday February 11, 2023</i>
<i>District Championship Dinner</i>	<i>Wednesday March 1, 2023 or Thursday March 2, 2023</i>
<i>District III Swimming Championships</i>	<i>Friday March 3, 2023 & Saturday March 4, 2023</i>
<i>States Dinner</i>	<i>Tuesday March 14, 2023 or Wednesday March 15, 2023</i>
<i>PIAA States</i>	<i>Friday March 17, 2023 & Saturday March 18, 2023 (swimmers leave March 16th)</i>
<i>End of Season Banquet</i>	<i>March 22, 2023</i>



FUNDRAISING

- Annual Dues (\$125 for returning swimmers, \$135 for new swimmers)
- Live Stream Sponsorships
- Restaurant Nights
- Concession Stand Revenue
- Mid-Penn T-Shirt Sales
- Artistic Imprint Spirit Wear Store

BENEFITS FOR MEMBERS

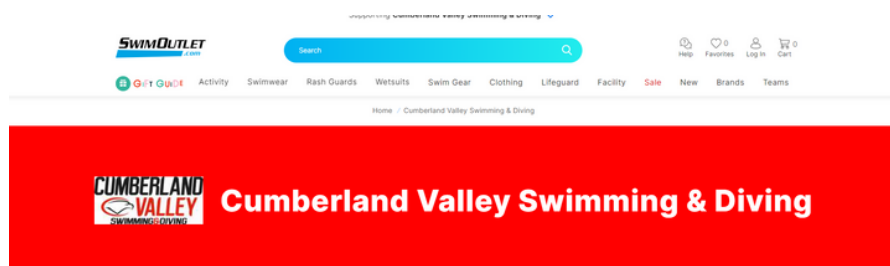
- Free swimsuit for each athlete
- Free backpack your initial swimming and diving season
- End of season banquet for athletes
- Summer picnic
- Meals at home and away meets
- Holiday party and team gifts
- Senior recognition night and senior gifts
- Mid Penn Championship T-shirts
- Mid Penn Championship dinner
- District breakfast
- District clothing for qualified athletes
- State apparel and dinner for qualified athletes
- End of season gifts
- Six \$500 scholarships

Everyone on the team is automatically a member of the CV Swimming & Diving Booster Club. If you are unable to pay the booster club fee because of financial need, please contact Coach Mike at mike@cvswimdive.com or the boosters at boosters@cvswimdive.com so arrangements can be made.



SUPPORT CV SWIMMING & DIVING

- Shop Amazon Smile and pick CV Swimming and Diving as your charity to support
- Use the Cumberland Valley Swimming & Diving page when shopping at Swim Outlet.
A percentage of all sales goes to our Booster Club.



<https://www.swimoutlet.com/collections/cvswimminganddiving>

www.cvswimdive.com
boosters@cvswimdive.com