

<p>DATE OF SWIMMING CHAMPIONSHIP MEET Saturday March 6, 2021 10:15 AM AA & AAA Girls 3:15PM AA & AAA Boys</p> <p>LOCATION OF MEET AA AT Central York High School AAA AT Cumberland Valley High School</p>	<p>Pennsylvania Interscholastic Athletic Association</p> <p>2021 DISTRICT III SWIMMING</p>	<p>AAA Boys 403 Boys & above AAA Girls 370 Girls & above</p> <p>AA Boys 402 Boys & below AA Girls 369 Girls & below</p>
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DISTRICT III'S MITIGATION EFFORTS FOR THE 2021 SWIM/DIVE CHAMPIONSHIPS

1. All teams will be required to have their athletes in masks when not competing. Also, with water involved, teams will be asked to bring extra masks.
2. All athletes will be provided with a small "Ziploc-style" bag upon arrival at the competition sites. **However, it is recommended that all schools/coaches/athletes have additional and athlete-identified "Ziploc-style" bags for use during warm-ups and competition.** The athletes will place their masks in these bags while competing. There will be small plastic baskets placed beneath each block at the swim meets and beside the diving boards at the dive meets where the athletes will place their masks. One mask per basket, no combining and officials will monitor this.
3. For swimming: baskets will be cleaned after each event by an official using a disinfecting spray. The spray used will kill 99.9% of viruses and bacteria. The two pools being used for the District swim championships have eight (8) lanes. However, only four (4) lanes are being used for the competition to promote safety and distance between competitors. Warm-ups, prior to competition, have also being drastically changed by having three (3) different warm-up times and drastically limiting the number of swimmers per lane. There is an adjacent warm-down area and, again, the number of athletes allowed in a lane to warm down after their event has been reduced with a lifeguard in the area to monitor.
4. The number of officials and administration has been reduced to ½ the number used in previous years at these Championships. All officials and meet administration will wear masks. Officials will be asked to bring several masks (masks can get wet while officiating), hand sanitizer and plastic gloves which are optional. Social distancing will be a priority when not officiating. No food is being served at contest sites. Officials will bring their own food and drinks.
5. For diving: baskets will be cleaned after the third dive, at the conclusion of Prelims and Semi-Finals. Only five officials and a referee will be used this year for diving. The mitigation efforts in place for swimming are also in place for diving. Diving officials sit to judge diving and will be spaced as far apart as reasonably possible while still maintaining the needed sight line of the board and diver.
6. Since the PIAA has reduced the number of qualifiers for the State Championships, District III has followed suit and has reduced its numbers to promote safety for all involved. Additionally, there will be no spectators at any of the District III swimming or diving championships. This, again, is being done in respect to the mitigation efforts being asked of everyone. Finally, the District III Committee's goal for the athletes, is to provide them with some semblance of a championship event and, most importantly, to give them the opportunity to qualify for the PIAA State Championships.
7. **No medals or team trophies will be presented on deck at any of this year's District Swimming or Diving Championships. Medals will be placed in "Team Bags" and may be picked up by the coaches following competitions. Team trophies will be given to the coaches of the appropriate teams following swim competition on March 6.**
8. **Only the gender of competition will be permitted in the pool area during this year's Championships. Each team will be limited to a maximum of two (2) coaches in the pool area during competition. Schools are encouraged to bring separate transportation for girls and boys as both pool areas and admission will be limited to the gender of competition.**
9. **There will be NO spectators permitted at this year's District III Swimming and Diving Championships. Every effort will be made to provide "Livestream" coverage of all events.**
10. **There will be NO concessions/food available at this year's District III Swimming and Diving Championships.**

QUALIFYING & ENTRY INSTRUCTIONS FOR THE 2021 DISTRICT III SWIMMING CHAMPIONSHIPS

1. For this year's Championship, there will be twelve (12) qualifiers in all (AA, AAA) individual events. Additionally, there will be eight (8) qualifying teams in all (AA, AAA) Relays. There are NO qualifying times for this year's meet. We will be taking the top twelve times entered for each individual event and the top eight (8) times for relays. **IF IN DOUBT, ENTER YOUR ATHLETE OR RELAY TEAM.**
2. **This year we will issue one (1) deck pass only for an "alternate" for all relays per gender.**
3. Entry for the 2021 District III Swim Championships will require a "Team Manager Event File".
4. **Schools will be assessed a \$25 entry fee for all championship qualifying swimmers.**
5. All coaches must email Bobby Baker at d3swimming@embarqmail.com (available February 8, 2021) with:
COACH'S NAME, TITLE, SCHOOL NAME, AND PHONE NUMBER This email address will be used to distribute Entry Instructions and Team Manager Event Files. All entries are due by **Thursday, February 25, 2021 by 11:59PM**. All entered times must be from meets officiated and or verified by PIAA sanctioned officials and referees. **Times entered may NOT be from USA Swim Meets, YMCA Meets, or Private Club Meets (etc)**
6. A swimmer will be permitted to enter a maximum of four (4) events, no more than two (2) may be individual events.
7. **All qualifying athletes and accompanying psych sheets will be posted at the District III Website on February 26, 2021**
8. **Coaches and Athletic Directors MUST be prepared to defend performances that have been submitted and posted.**

9. Heat Sheets and Psych Sheets will NOT be provided to coaches this year. ALL coaches are requested to print the applicable heat and psych sheets and bring them to the Championships.

RULES AND REGULATIONS GOVERNING DISTRICT III, PIAA

1. This championship meet shall be conducted under the jurisdiction of the District III Committee of PIAA
2. National Federation Swimming & Diving Rules and PIAA modifications shall govern the conduct of the meet.
3. Points shall be awarded for the first 8 places as follows: first place 9, second place 7, third place 6, fourth place 5, fifth place 4, sixth place 3, seventh place 2, eighth place 1. Only swim schools are eligible for team scoring.
4. Medals shall be awarded to the first **eight** place winners. The District Committee will supply duplicate medals in the event of ties.
5. A trophy shall be awarded to the school that scores the highest number of points in each class, boys and girls.
6. **PIAA scratch rule:** No athlete may be scratched from the PIAA Meet after the District entry form has been submitted to PIAA headquarters unless the scratch is for illness or injury and certified by a physician. Scratches for reasons other than certified illness or injury will result in an athlete being disqualified from the PIAA Meet.
7. **Student athletes must be accompanied by a school appointed and approved coach and swimmers must be wearing apparel that is specified in Rule #3, Section 3, Article 1 on page 20 of the NFHS Rules Book for Swimming.**
8. No banners, signs, balloons, whistles, or listening devices are permitted at PIAA events

2021 PIAA District III Swimming Championship Meet Schedule
Saturday March 6, 2021

AA Girls & Boys AT Central York High School
AAA Girls & Boys AT Cumberland Valley High School

	<u>Girls (AM)</u>	<u>#Heats (# comp)</u>	<u>Boys (PM)</u>
Coaches/swimmers			
Admitted to site	8:45		1:45
Warm-up	9:00		2:00
Officials meeting	9:30		2:30
Coaches meeting	9:45		2:45
200 Medley Relay (includes 5 min. break)	10:15-10:30	2 (8)	3:15-3:30
200 Freestyle	10:30-10:40	3 (12)	3:30-3:40
200 Ind. Medley	10:40-10:50	3 (12)	3:40-3:50
50 Freestyle (includes 5 min. break)	10:50-11:00	3 (12)	3:50-4:00
100 Butterfly (includes 5 min. break)	11:00-11:15	3 (12)	4:00-4:15
200 Freestyle Relay	11:15-11:20	2 (8)	4:15-4:20
<u>15 Minute Meet Break!!</u>			
100 Freestyle	11:35-11:45	3 (12)	4:35-4:45
500 Freestyle	11:45-12:05	3 (12)	4:45-5:05
100 Backstroke	12:05-12:15	3 (12)	5:05-5:15
100 Breaststroke (includes 5 min. break)	12:15-12:30	3 (12)	5:15-5:30
400 Freestyle Relay	12:30-12:40	2 (8)	5:30-5:40