

# November – CVHS Swim/Dive Schedule '19

## Updated 11/18/19

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b><a href="http://www.cvs swimdive.com">http://www.cvs swimdive.com</a></b>						
3	4 3:15-5:30pm Optional Pre-Season Workout	5 3:15-5:30pm Optional Pre-Season Workout <b>NO DIVING PRACTICE</b>	6 <b>No Pre Season workout today</b>	7 3:15-5:30pm Optional Pre-Season Workout	8 <b>No Pre Season workout today</b>	9
<b>Swim/Dive Suit Sizing at practice M/T/TH</b>						
10	11 3:15-5:30pm Optional Pre-Season Workout	12 3:15-5:30pm Optional Pre-Season Workout	13 3:15-5:30pm Optional Pre-Season Workout	14 3:15-5:30pm Optional Pre-Season Workout	15 <b>Meeting of Total Team 3:15pm on pool deck Allow 60 minutes</b>	16
17	18 Swim: 3:15-5:45pm Dive: 3:15-5:30pm <b>First Day of mandatory practice</b>	19 <b>Sr Pics for Banners 3pm</b> Swim: 3:15-5:45pm Dive: 3:15-5:30pm	20 Swim: 3:15-5:45pm Dive: 3:15-5:30pm	21 Swim: 3:15-5:45pm Dive: 3:15-5:30pm	22 Swim: 3:15-5:45pm Dive: 3:15-5:30pm	23
24	25 Swim: 3:15-5:45pm Dive: 3:15-5:30pm <b>Swimmers/Divers Uniform Distribution</b>	26 Swim: 3:15-5:45pm Dive: 3:15-5:30pm	27 <b>Early Dismissal (11am)</b>  Swim: 11:30am-2pm Dive: 11:30am-1:30pm  Team Pictures Yearbook 12:15pm	28 <b>Happy Thanksgiving No Practice</b>	29 <b>No school</b>  <b>Dive: No Diving Swim 8-10:30am</b>	

**2019**