



Try Out Policy

Swimmers must have a completed physical and all other necessary forms turned in by the 1st day of pre-season practice on Monday, November 4, 2019.

Failure to not have these forms turned in will result in the swimmer not being a member of the team.

Swimmers that are "trying out" for the team ***must attend all seven (7) pre-season practices*** and be able to demonstrate the following

1. 500 freestyle under 7:00
2. Swim 100 yards of each stroke
3. Complete a 200 IM under 3:00

In addition to the above, the following areas will also factor into the evaluation of each swimmer: 1) Academics 2) Behavior in School 3) Attitude 4) Work Ethic

At the end of Pre-Season workout on Thursday, November 14th , the head coach will meet with any swimmer that is not going to make the team and explain the reasons.